

Alles gurgelt!

For safe kindergartens.



Gargling with children from 4 years of age

1



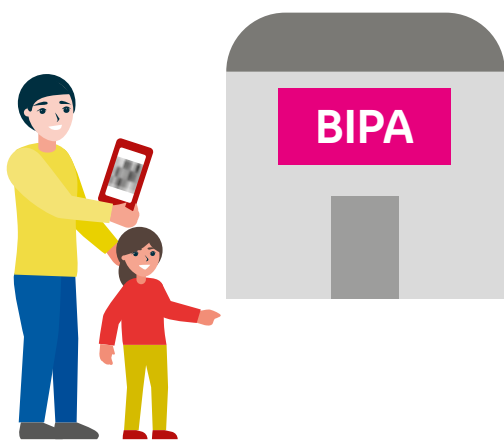
With the "Alles gurgelt!" test kit, you can check if your child is infected with the coronavirus. You can get your **first test kit at your child's kindergarten.**

2



Scan the **QR code** on the back of the test kit with your phone or visit allesgurgelt.at in your browser. After **registering**, or, if you already have a **profile**, you can log in and type in the sample number that can be found on the back of the manual in your test kit. After it is confirmed, the website takes you to the overview of your personal data. There is an option to **"Add another person"**. This is where you can enter your child's data. Your child can then be tested via your profile. Now choose your child's name and start the test. Once your child has completed the test, their data will be saved automatically for the next test.

3



After having registered, you can access your **personalised barcode** in the WebApp. With it, you can pick up **new test kits** at any **BIPA shop**.

4



We recommend that you prepare for the gargle/rinse test together with your child. **Practise gargling** with water, tea, or juice. Show your child how to do it. You can use your voice and gargle your favourite songs. Gargling is also a fun activity for the bathtub or over the sink.

If gargling is still hard for your child, they can also rinse their mouth with the liquid.

Turn the page to find out more →

5



Practise with your child first, so they can learn to spit the liquid into another container with a **straw**. Take a sip of water, tea, or juice in your mouth, then put the straw in your mouth and slowly let the liquid flow into a cup.

It is important that you and your child practise together. It is more fun that way and your child will learn by watching and imitating you.

6



As children up to 5 years of age do not need a **test certificate with an EU compliant QR code** as entrance test for restaurants or events depending on current Covid regulations, you do not need to agree to the video recording when you do the test. You can simply skip this step. Your child will still receive their **test result**.

If your child is 6 years or older, you need to agree to the video recording if you want to receive a test certificate.

7



Let's get started! Take the small plastic container with the **sample fluid** and squeeze it into your child's mouth. You can also squeeze the fluid onto a spoon first and then give it to your child.

8



Now we're gargling - just like practised before. If your child happens to swallow some of the fluid, that's no problem. Your child should gargle for at least one whole minute in order to obtain optimum results.

9



After gargling, your child must spit the **fluid into the sample tube** with the straw. This should be no problem if you have practised it before. You can also use a small funnel if the straw is still too difficult to use for your child.

10



You did it! Now all that's left to do is to close the sample tube and pack it as described in the manual of your test kit. Now just hand in your test:

• **Mon-Sat:** at all **REWE outlets in Vienna** (BIPA, BILLA, BILLA PLUS, PENNY), and at **petrol stations** (BP, SHELL, JET, OMV and ENI), and at **ÖBB train stations** (West, Meidling, Hauptbahnhof/Central Station)

• **Sundays and public holidays:** petrol stations, train stations Meidling & Hauptbahnhof/Central Station (pick-up at 9am and 2pm)

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If you drop your test off before 9am, you will receive your child's **result** via email, usually **within 24 hours**. If you participate regularly in the "Alles gurgelt!" testing programme, you contribute to a safer time spent at kindergartens and a safer leisure time for all children.